

WAYS TO LEARN

LIVE ONSITE CLASSES

- Full course on Sympto-thermal Method
- Student guide, hardcopy
- Chart booklet and duplicates
- Digital thermometer
- 6 months CycleProGo
- E-newsletter

LIVE ONLINE CLASSES

- Full course on Sympto-thermal Method
- Student guide, hardcopy
- Chart booklet
- Digital thermometer
- 6 months CycleProGo
- E-newsletter

SELF-PACED ONLINE CLASSES

- Full course on Sympto-thermal Method
- Getting Started Guide
- Downloadable Chart
- Digital thermometer
- 6 months CycleProGo
- E-newsletter

**COST IS \$135
PLUS SHIPPING**



COUPLE TO
COUPLE LEAGUE
LIVE THE LOVE

Northern Virginia Chapter

**TO LEARN MORE,
CONTACT US:**

Len Rice, Coordinator

 (703) 220-8023

 lrice31@cox.net

OR VISIT:

CCLI.ORG

LEARN THE BEAUTY OF

*Natural
Family
Planning*

ABOUT US

The Couple to Couple League (CCL) is an international, Catholic, non-profit organization dedicated to promoting and teaching fertility awareness (natural family planning) to married and engaged couples.

Services are provided by professionally trained volunteers who are supported by a small staff at the international headquarters in Cincinnati, Ohio.

Local chapters of the organization consist of certified teaching couples and promoters, along with other supportive members.

Benefits of NFP

- Highly effective
- Simple
- Low cost
- Increases mutual respect
- Brings to light medical problems
- Can achieve or postpone pregnancy
- Increases couple communication
- Is 100% natural with no side effects that alter your hormones or pollute the environment
- Allows couples to take charge of their own fertility
- Respects God's plan for your marriage!